



**“Let food be
thy medicine
and medicine be thy food.”**

Hippocrates

Canned tuna contains flu-fighting vitamins.

A recent Wall Street Journal article extolled the benefits of certain vitamins and minerals to boost the immune system and combat influenza.

Canned tuna in oil was recommended as an excellent, natural source of selenium, zinc and vitamin D. If the canned tuna contains olive oil, as Zoe does, you add vitamins C, A and B6.

So whenever you enjoy Zoe Yellow Fin Tuna in Olive Oil, you are also supplying your body with the six key ingredients recommended to ward off infectious diseases like the flu. We can't think of a more delectable way to take your vitamins.



ZOE®

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